



BTEC Tech Award in Sport - Curriculum Map

Year Group	Autumn 1 Term	Spring Term	Summer Term
Year 9	Component 3 – Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity		
	AO1/2 – Demonstrate knowledge of facts, components of fitness, fitness testing. Training methods/procedures/principles, in relation to improving fitness in sport and exercise.	AO3 – Apply an understanding of facts, components of fitness, fitness test. Training methods/processes/procedures in relation to improving fitness in sport and exercise.	AO4 – Make connections with concepts, facts, components of fitness, fitness test. Training methods/processes/procedures in relation to improving fitness in sport and exercise
Year 10	Component 1 – Preparing Participants to Take Part in Sport and Physical Activity (Begin) Component 2 – Taking Part in Improving Other Participants Sporting Performance		
	Task 1 – Increasing participation in regular sport or physical activity for different types of sports provision.	Task 2 – Equipment and technology required for participants to use when taking part in sport and physical activity.	Task 3 – Prepare participants to take part in sport and physical activity.
Year 11	Component 2 – Taking Part in Improving Other Participants Sporting Performance Recap - Component 3 – Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity		
	Task 1 – Components of Fitness – Understand how different components of fitness are used in different physical activities. Task 2 – Participating in Sport – Be able to participate in sport and understand the roles and reasonability's of officials.	Task 3 – Officiating in Sport – Be able to participate in sport and understand the roles and reasonability's of officials. Task 4 – Improving participants' sporting skill – Demonstrate ways to improve participants sporting techniques.	Component 1 – Exam preparation