

Year 11 Curriculum Overview

Food Preparation and Nutrition

Term	Theory	Practical
Autumn 1	Recap fundamentals to complete NEA2 NEA1 – Research NEA1 – Plan investigation 1 NEA1 – Investigation 1	Recap specific skills linked to NEA1 Investigation 1
Autumn 2	Mock written exam NEA1 – Investigation 2/3 NEA1 – Evaluation NEA2 – Launch – Task analysis and Research NEA 2 – Cook 1 technical dish Complete Seneca revision and AQA exam practice book	Investigation 2/3 Technical dish 1
Spring 1	NEA2 – Research NEA2 – Cook 2 further technical dishes NEA2 – Time plan Complete Seneca revision and AQA exam practice book	Technical dish 2 and 3
Spring 2	NEA2 – 3 hour practical exam Evaluation and conclusions – to include sensory analysis, nutritional analysis and costings. Complete Seneca revision and AQA exam practice book	3 hour practical exam
Summer 1	Sign NEA evidence sheets Revision for written exam	
Summer 2	Revision for written exam	